

MOUTHPIECE



The magazine of
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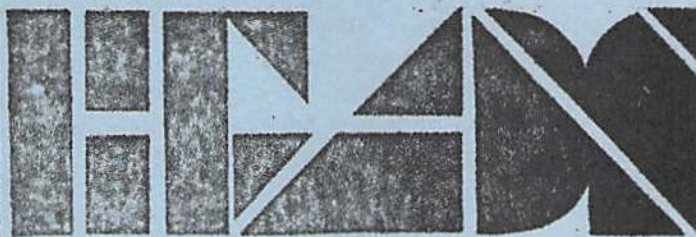


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RING 299927 FOR AN APPOINTMENT

In the last few oh so emotional days before writing this Editorial for Mouthpiece, I have been very toughed, but fortunately I escaped arrest under Section 163 of the Mental Health Act 1959 with the excuse that such emotion was normal for editors of Mouth-Piece. (It will appear as an exemption clause in the next Mental Health Act.) But why have I been so moved to tears every time I have walked into the common room? I think you know the answer. If you don't, shame upon you, for how could you just ignore the obvious plight of your very own colleagues that you have worked side by side with all this time in the Dental School, and just tread over them in your quest for coffee and the crossword in the Daily Lookingglass! They look at you and me with pitiful eyes, their tearstained faces expressing utter disappointment and despair, and yet you offer them no assistance. You just breathe on their dental mirrors so they can't see, and then grind them into the dust!

These poor, honourable people have been queuing all night in the hope that the already bulging Mouthpiece pigeon hole might be able to accomodate just one more article - their article, but alas, it is full.

I am trying to do something about this situation though, and it is in this editorial that I wish to express my sincerest apologies during this very busy time while I am attempting to ease the lack of accomodation.

Will the people writing articles for Mouthpiece (and I know this must mean nearly all of you) please be patient during alterations to the Mouthpiece pigeon hole. I regret any inconvenience caused, but the alterations, as already mentioned, are needed in order to enlarge the pigeon hole so that it can accomodate all the articles that you've all been witing. I shall try to overcome the problem in the meantime by emptying the pigeon hole twice a day instead of only once

G.C. Downer, Editor

.. .. .
 The dentist handed the used instruments to his nurse and asked her to sterilize them. A few minutes after she had put them in the boiler, he noticed her poking among them with a fork.

"What are you doing with that fork nurse?" he asked.

She coloured prettily: "I was just prodding them to see whether they were done!"

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Life Assurance

It's so easy to misunderstand the purpose of life assurance. Most people tend to think of it purely as a way to protect dependents. That's true enough. But it's only a fraction of the story. Life Assurance is really one of the most effective ways to build up capital for the future. If you start saving now, your youth will be very much in your favour. And don't worry, we understand that you're probably not in a position to fork out vast sums. Start small, but think big. A little today will grow as you grow. The small starting scheme can be widened and adapted to suit your future earnings, requirements and responsibilities, and Endsleigh will be there to help whenever you need us.



PART 1 : A.U.G.

THERE'S AN ACUTE ULCERATIVE GINGIVITIS AT
THE BOTTOM OF MY GARDEN

by

CONRAD

In the dental-white district of U.B.H. stands the Dental Zoo. The ferocious bushy-faced villagers of U.B.H. look down on the inmates of the Cusp of Carabelli department of the Dental Zoo, and, as they go about their work, the throbbing dento-alveolar abscesses jingling on their Class II Div. 1 malocclusions, they glare angrily at the grey-stone building high on the slopes of Lower Maudlin Street. They dream of the day



A.U. G. CONT.

when they will extract the Upper First Molar from its sea of pus

and push it up the slopes of the stairs to the Op. Tachs. laboratory and set it up in a phantom head for one of the junior inmates to destroy. And then they will use their chests to buffet and their tooth to bite, and their tongues to touch.

In the Dental Zoo there is a great shouting near the entrance. One of the inmates has caught a patient. It is the first time he has had the taste of drawing pus for many days because of the Smell. A crowd gathers to watch him poke the slimy Dequaspon through the curved lips into the socket.

It is the Festival of the Molar Tubercle of Zuckerkandl and there is a fair in the village. A stall sells non-cariogenic 'muscular' oranges in tissue-thin rubber dam, and a side show exhibits an orchestra of deranged U.B.D.S.S. committee members and their alginate impressions who coax exudate from carved gingival crevices of strange design. Two intelligent horses in a consultant suit are startled by the yelps of the crowd, and burst from their costume in disjointed panic. Under the newly-white-washed walls of the basement of the Dental Zoo, where the pretty-coloured pipes used to cheer the coffee passageway, in the sulci, slippery with wipes and disclosing solution, are erected rows of molars for the tattooists, orthodontists, leechers and masseuses. Outside the largest molar (the lower first permanent molar) several drops of M.C.P. squat in silence, listening for the buzz and gasps of bacteria from within. In this molar, by means of a new theory, a pulp is being attacked and experiencing the precise sensations of dying. The pulp swells up to a storm of applause, causing a periapical abscess and bowing self-consciously as it causes exquisite pain.

Next Month: The Coming of the Berserks.
Will the Molar be saved?
Will Mr. Stephen's new
impression trays arrive
IN TIME?

This is a REAL advertisement, from a REAL magazine:-

SOZODONT. If the teeth begin to show signs of decay, use SOZODONT at once and often. Rely upon it, and they will be rescued from impending ruin. The formula of this preparation includes only botanic ingredients, and contains only the purest and most salutary of these. Use no other dentifrice but SOZODONT. It is pure, effective, and fragrant.

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BRISTOL - HANNOVER LINK EXCHANGE VISIT

21st JUNE - 30th JUNE 1974

To give an account of our stay in Hannover which would justly match the hospitality we received there, would be impossible. Nothing was lacking - accommodation, food, entertainment, vocational interest - it was all excellent. But none of this would have been the same without the friendliness and genuine interest of our hosts. Our only criticism of the trip was that there was too much to do - almost - no time for such trivia as washing one's hair!

But to start at the beginning. We arrived after a gruelling twenty hour by minibus and car-ferry to a very welcome cup of tea at the home of one of our hosts, Herr and Frau Clausen-Finks.

Many an evening was spent in the same vein as our first. After dinner in one of Hannover's excellent but reasonable (and usually foreign) restaurants, we visited a Bierkeller. Here we were taught the trick of 'Lütte Lage' peculiar to Hannover. Mastered by some, the action of drinking a small glass of beer while you poured schnapps into it from another glass held in the same hand, usually produced a very wet shirt, and beer up your nose!

The days passed too quickly in a welter of excursions, visits, meals and weinstubes. Outstanding moments were the Civic Reception by the Oberbürgermeister of Hannover in the Rathaus, followed by a guided tour of the city; the Volkswagen factory - a mechanised hell the size of 240 football pitches with nearly 1000 vehicles produced a day by 25,000 staff; the concert of Mahler and Beethoven in the Long Gallery of the Herrenhausen, the seat of the House of Hanover with its connections with British Royalty; the East/West German border which produced mixed feelings of ghoulissh curiosity, intense fear and utter frustration ... the list goes on. But there were other moments not scheduled in the programme which warmed us to our German colleagues and cemented links of comradeship. The students were unfailingly generous and warm-hearted. They took us everywhere in their cars, showing us the sights, translating and explaining as the majority of us floundered over 'Danke' and 'Bitte'. I shan't forget the hilarious evening six of us spent in a restaurant swapping jokes in an assortment of languages, or the meal one student seemed to produce out of a hat, or the farewell party they arranged where we danced till 3.00 a.m. before realising we had to be up at 6.30 a.m. that morning.

But who could forget the space-age Medizinische Hochschule Hannover? A huge ultra-modern hospital complex, it housed the medical school, casualty (complete with helicopter to fly to and from the autobahns), radiotherapy centre where we were shown the nuclear reactor under many

Hannover 1974 cont.

feet of water, a partly built dental school and so on. The registration system is completely computerised and people come from all over the world to study it.

The 'old' dental hospital, situated at the other side of the city, used to be research laboratories, and the building was given to the city for use as a dental school by a benevolent gentleman who was determined that Hannover should have a dental hospital. We visited it with great interest, comparing, criticising and acclaiming as we went along.

We learnt so much of interest on the trips around the hospitals and from discussions and chats with staff and students alike that it would need a book to repeat it. Apart from gaining international friendship, we gained an insight into another system of dental training and treatment that is invaluable in one's own search for knowledge and the 'ideal'.

On reflection, these two benefits are equally important. With the enlargement of the E.E.C. and general interest in intra-European affairs, any knowledge of continental aspects of one's vocation is a boon. But this is to no avail without a firm basis of trust, friendship and respect among the peoples of these countries. We began a chain of friendship that should last for ever - and we thank you for your firm's aid in forging the first links.

- - - - -

CAROL A. NOWILL

Quotes from the T-year Oral Disease course so far ...

"Patient complained of malformed and absent teeth."

"There is a marked partial anodontia of the permanent dentition which accounts for the failure of eruption of missing teeth".

"... it was not by any means wholly due to attrition, as the other surfaces were smacerised..."

"This is an excellent example of tribal tooth-filing, extracted from a native of Bexley Heath".
(Done by the chief filing clerk? Ed.)

"...it looks like some giant chisel knocking off Mount Everest."

A POEM, FORTOOTH!

Let's talk of burs, of cysts, and surgicals;
Make "Mouthpiece" our paper, and with rainy eyes
Write B.D.S. on the bosom of our wives.
Let's choose our tutors and talk of teeth;
And yet not so; for what can we bequeath
Save our ditched amalgams to our patients?
Our dentures, posts and inlays are Bristol's.
And nothing can we call our own but the common-room
And that dear lady of the basement
Who serves us soup and pasties for our lunch.
For God's sake let us have a talk-in
And tell sad stories of the fate of students
How some have been expos'd, some seen in jeans,
Some haunted by the ghosts they have expos'd
Some fail'd second parts, some finals too
No respite! For within the short white coat
That rounds the mortal figure of a student
Keeps the Dean his court; and there true staff do sit,
Scoffing our cribs, and ginning at our carving;
Allowing us a bridge, a full gold crown,
To pull out teeth (remove!) and stitch the gap,
Infusing us with fear and sleepless nights
As if the years within these walls
Were all there was; and humour'd thus
Comes at the last, and with Final Fives
Bored through our short white coat and farewell student!
Tie back your hair and mock not all our staff
With Smokers and impressions; throw away your kit,
Ortho, kids and cons dresser duty
For you have but mistook me all this while.
I live with folks like you; expose,
Lose anchorage and ards. Subjected thus
How can you say to me - I'll qualify?

With apologies to Shakespeare and Richard II

CONGRATULATIONS! To Mr. Steve White and Miss Ros Parkin who are engaged officially as of 1st March, 1975.

Please let us know of any other engagements/gossip/21sts/wedding anniversaries and similar celebrations deserving of mention, within the Dental School.

We women love the simpler things in life - MEN

(Geoff didn't have much choice as to which way round this joke goes - he needs a secretary!)

Bristol Dental Expo

Some years ago during a visit to Toronto I was taken one Sunday afternoon to the Dental School where the students were staging an exhibition of the activities of the School. It was open to the citizens of Toronto who were edging their way round the various clinics and laboratories in a solid mass. Later, back in Bristol, a group of clinical students asked for help in putting on a dental health exhibition in a large Bristol store, and had got as far as some exciting plans for the layout from the Architecture Department and some depressing forecasts from their clinical teachers who correctly predicted that the thing would not get off the ground. It was a chance recollection of Toronto at this time coupled with a preclinician's mistrust of clinical prognoses which were responsible for the idea of Expo and a word in a receptive ear brought the first student organiser to my room. From the outset Bristol Dental Expo has been a student affair and therein lies its success. Since it began it has been put on twice in Bristol, once in Bath, once in Taunton and twice in Southampton. In all these places, except Taunton where a number of unfortunate circumstances combined against us, it has done very well.

For those who have not yet had an opportunity to take part in this enjoyable exercise, it might be worthwhile setting out some of the details of the exhibition and the planning thereof. The first step is for the student organiser to write to ten or a dozen schools setting out the objectives, which are broadly to show just-post-O-level pupils some of the applications, in the medical and dental fields, of the science subjects they are studying. With the focus more closely on dentistry, the object is to demonstrate some of the aims and techniques of dentistry, and of course, to interest pupils in the possibility, which may not have occurred to them, of a career in dentistry. We do not set out to sell dental health. The letters to the schools generally produce no response, and my main function in the organisation is to indulge in the wearisome business of telephoning the schools and working my way, as patiently as possible, through headmasters and their secretaries, to careers masters or biology masters "Did you say dental, that's biology?" or "We haven't received any letter about Bristol Dental Expo or I would know about it" or "We are busy at Taunton, haven't these students got enough work to do?" or "Did you say Bristol? Sorry, we can't afford to send any of our pupils all the way from Taunton to Bristol" or "I'm sorry, we have no one interested in dentistry this year." As patiently as possible, one explains that there is more to dentistry than biology, or reads the contents of the dead letter, or explains that we are leaving for Taunton at 8 a.m. on a summer Saturday and we will be returning late in the day, battling our way through the holiday traffic, and "Yes, the students have enough to do and are giving up a day for this", or that "We are coming to you, not the other way round", that "we DON'T WANT pupils who are interested in dentistry. THAT IS THE WHOLE POINT OF THE BLOODY THING." Eventually we get some names; the student organiser writes to each pupil enclosing a nicely printed programme and promising a student escort on the day.

Most of the exhibits, which cover a wide range of topics such as nerve impulses, electromyography, Xrays, electronmicroscopy, animals' teeth, bridge-building in the mouth, guiding growth in the mouth, lost-wax casting, conserving and repairing teeth, are run by students. I believe that this, coupled with the fact that students are also

the escorts, is responsible for the instant rapport which is established between the hosts and the visitors. We always wonder what we shall do if the visitors have left half-way through the session - or earlier, and always we have found ourselves wondering how we can get rid of them at the end of the session. Without doubt, Southampton has been the most popular place we have visited, perhaps because those running the demonstrations have to go there the previous evening, and this provides an opportunity for a party. However, there is more to it than that. The place where we hold Expo in Southampton is pleasant and on both occasions we have had a very good response from the schools. On our first visit there we were welcomed, with the usual refreshments, by the Lord Mayor in the City Hall.

What does it all achieve? First, it is plainly something that school boys and girls want. We know this from the response we have experienced. We know it also, because at a meeting of 6th formers organised by The University and Schools Committee of this University in 1972, after Bristol Dental Expo had started, the main conclusion reached by the conference was "Above all the pupils wanted to meet students, who alone would give them realistic and impartial information on the University. This wish on the part of applicants is not really very surprising. What is surprising is how few Universities take it into account in their admission procedures." What other evidence have we that Expo is worthwhile? Lots of very good letters from visitors. One girl in Southampton wrote to say that she only came to Expo for an afternoon off school, now she wants to apply to read dentistry. Another visitor said "Now I shan't worry about going to the dentist any more." But there is more solid evidence, from a study carried out by Bishop, Linden and Moxham (1973) to assess attitude changes as a result of Expo. It was quite clearly shown that attitudes to dentistry in general and to dentistry as a career had improved in the sample of 100 or so pupils studied before and after visiting Expo.

At a conference organised by the General Dental Council in 1971 on Dental Recruitment, the student organiser addressed the conference on Expo. At that time Bristol was one of only 3 dental schools in Britain making any attempt to help in recruitment. I do not think that the situation has changed much since then, although recently I had a visit from a member of the staff of Dundee Dental School who wanted to try Expo in Scotland. My suggestion that we should go there was unfortunately not accepted. The G.D.C. thinks that Expo is a good idea, and have generously supported us in providing for travel and other expenses. Expo has been covered by radio and T.V. and got a good write-up in the Education Guardian and in the Careers Information Service section of The Daily Telegraphy. The G.D.C. has just recently published a "Multi-Media Project Kit" entitled "The Biology of the Mouth", which arose from "an attempt to translate the message of Bristol Expo into a class-room medium". It is designed to enable teachers of O-level and C.S.E. Biology and Human Biology syllabuses to use the mouth and teeth as a basis for teaching a project work. The kit was launched at a press conference in London in the first week of March and if it is a success (trial runs indicate that it will be), this will be one more piece of evidence that those who keep Expo going are doing a good job. Where next? I think we shall try new ground, and at a recent meeting

of the Royal College of Surgeons we attended in Exeter, it seemed to me that this would be a good place for our next Expo, towards the end of September. Guy Farrant runs Expo now; contact him if a day in Exeter in September appeals to you.

D.J. Anderson

References

Bishop, M.A. & Anderson, D.J. 1972. Bristol University Dental Expo. Brit. dent J. 133, 201-202.

Bishop, M.A., Linden, R.W.A. and Moxham, B.J. 1973. An assessment of attitude changes following a dental exhibition, Brit. dent. J. 135, 224-226.

FORTHCOMING ARTICLES IN MOUTHPIECE

VOL 4 No. 3: A.K. Adatia, Toothbrush and Teeth; R. Holland, Recent Evidence in Dentine Sensitivity; The Coming of the Berserks; I.A.D.S. Congress 1974, Amsterdam.

VOL 4 No. 4: D.K. Stables, Life in the School Dental Service; Steve Lisney, Grant today - what tomorrow?

VOL 4 No. 5: Mr. Dean-Hart, The Need for Safety Glasses in dentistry for both the patient and the dentist.

Because of the cost of Mouthpiece we are limited in the amount of paper we use, if the price is to be maintained. That is why these articles have been spread out into future volumes. If anyone has any articles related to the major articles in any of the future magazines, e.g. Children's Dentistry articles to go with Mr. Stables' article - please could we have them well in advance of the actual publication.

LETTERS TO THE EDITOR

Dear Sir,

It is in final desperation and unfortunately with faint hope that I write to our esteemed Mouthpiece Editor about a certain matter that has been annoying my colleagues and myself for some months. It is on the subject of the 9 a.m. lectures given to the Intermediate Year. 9 a.m. arrives, and yet only 25% of 1st year sits in the lecture theatre. Perhaps you might think that the other 75% are tucked up in their cosy beds? No, certainly not. They wait until 9.05, 9.10 and even 9.15 to come into the lecture theatre and disturb the few of us who have the manners to arrive on time. So, I hear protests of "But the bus was late", "I overslept" and such-like, but this is no excuse to disturb our distinguished lecturers. I have noticed that the people who travel the farthest in the mornings are usually the first to arrive. It only needs a little organisation and thought to be on time. One should allow more time for such obstacles as the Bristol buses.

Perhaps we 'early-birds' should take a certain consultant's advice and sit in the middle seats of the lecture theatre so that our colleagues can "slip into the outside seats without disturbing us". This is basically an intelligent idea, but

it doesn't get us away from the principle that it shows ill manners and lack of breeding to walk into a lecture once the lecture has started his talk.

In all honesty, I have never arrived late at a lecture (and I do attend at least 95% of lectures). I would rather miss a lecture than walk into it 5 minutes late. Anyway, who wants to listen to a lecture after missing the first 5 or 10 minutes. You probably miss the whole gist of it, and spend the rest of the lecture trying to find out what was being discussed in the first place.

So, please, why can't the lecture theatre doors be locked at 9 a.m? Is it because our lecturers like to think that at least everybody makes a small effort to hear the profound thoughts - or is it because the powers-that-be think that we ought to be given every chance to hear at least half of every lecture.

Or have they lost the b_____ keys?

Anon.

Dear Sir,

As a person with quite firm principles (except when the weather is a bit cold!) I feel that I should speak out against the recently performed pantomime 'Cinderella et al'. Having seen one of the performances, and, may I add, having paid great attention to its contents, I wonder why an actor with Marlon Branson's ability should wish to degrade himself by being filmed smoking 1/2 lb of butter, through one of his many orifices, on the stage of a Bangkok night-club. Not only was this likely to be psychologically harmful to the younger, more impressionable members of the audience but also offensive to those non-smokers who prefer the creamy, easy-to-spread texture of margarine.

In view of this great insult to common decency and assault on public morals, I intend to form a society - The Pornography Hoarders against Rude Theatre Society (P.H.A.R.T.S.). This is provided that my dear friend Quiff Richard backs me up (and I'm sure he will!)

Yours sincerely,
LORD LONGTHING

P.S. I didn't really see the pantomime but Merry Whitehouse's letter says it was all sets and violins, so I just used my ... Oh Dear!!

Dear Sir,

In reply to the letter from Mrs. X of Weston last month, I too am a leather boot fetishist and agree that Mouthpiece should contain far more pictures of nude dentists in thigh length leather boots.

Yours sincerely,
BRIGADIER GEN. SIR GOODTHING HIGHAM retired.

Dear sir,

I note with concern that no-one has written you any articles. I have therefore taken it upon myself to attempt to rectify the situation.

Yours faithfully.

... A-DOZEN LUCKY READERS OF NEXT MONTH'S MOUTHPIECE WILL WIN ORAL-B TOOTHBRUSHES!
See next month's Mouthpiece
for FULL DETAILS!

P E R S O N A L A D S

Lorraine, please could you let us know the recipe for rat pie?

Congratulations to Jim on his engagement. Please could Mouthpiece have the news a little sooner in future? ... Say, one year or so?

Congratulations to Pratibha Hindocha: 21st birthday on 31st March; Many Happy Returns!

March Bravery Award for Painful Dentistry: Mark Davies 'J' Year.
Last Year's winner: G.A. Farrant.

Keep your eye out for Carl.

O.K. Jackie, how did you REALLY get that bruise on your knee?

P.S. What forceps do you use for LOWER teeth?

"Oedipus - ring your mother immediately."

I thought newly laid meant fresh eggs until I discovered Smirnoff.

Remember last term when Cathy was put in a private room when she was admitted to hospital? the doctors thought she was too dishy for wards.

Anyone wishing to ell an amplifier please see Mr. H. Devlin (T6) as soon as possible.

SCHOOL DENTISTRY: Anyone interested in visiting a Mobile Clinic on a Wednesday afternoon, to see how the Schools' Service works, get in touch with P. Barter (S3)

Congratulations to all the Senior Nurses on passing their final D.S.A. examinations.

.. .. .

A very old dentist died in surprisingly straitened circumstances. A group of his friends decided to set up a fund to give him a funeral of distinction. Their collection was not going very well until they called on an eccentric old gentleman who pricked up his ears when the word "dentist" was mentioned.

"How much are you hoping for from me?" he demanded.

The members of the delegation looked at each other quickly.

"Er - five guineas?" suggested their leader. The old gentleman brought out his wallet.

"Here," he said, "Here's sixty. Bury a dozen of 'em."



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U.B.H. F.C. 2ND XI

In their first season in the BRISTOL AND AVON LEAGUE (DIV 3) the 2ND XI have enjoyed a fair amount of success. Boosted by a fresh intake of players last October, and with renewed interest from those already present within the faculty and the hospital group, they have stayed at the top end of the division and have an excellent chance of promotion.

Apart from the usual league games the team has had two very good cup runs, reaching the quarter-finals in both the Temple Colston cup and the Gloucester Cup. In the former competition the team were unlucky to go down 3-2 (After leading twice!) against Oldbury Court, who were at that time at the top of Div.1. Unfortunately, in the latter case they went down by a more convincing margin, losing 6-1 to B.O.C.M..

2ND XI TOP SCORERS

C. Harris	12	R. Firth	6
P. Baines	8	P. Davies	6
D. Sherriff	8	R. Gilling	6
D. Glover	7		

STATISTICS

PLAYED 16; WON 13; LOST 3; DRAWN 0.

GOALS: FOR 73; AGAINST 40; POINTS 26.

Currently lying 3rd in the DIV.III (Feb. Figures)

---o---oOo---o---

An established general dental practitioner was talking shop with a young colleague who had just taken over an adjoining practice.

"How's it going laddie?" he enquired kindly.

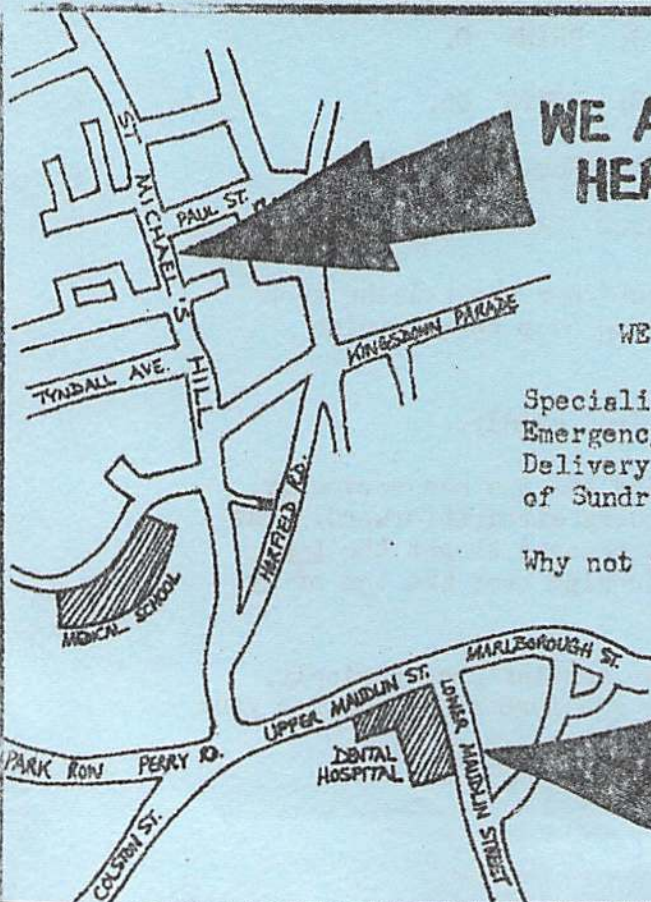
"Not too badly, thank you," replied the new man nervously. "At least the actual dentistry itself seems straightforward. But to tell you the truth, I haven't quite managed to get the tone right yet. But I've been practising looking over the top of my spectacles and gunting a bit."

"That's the stuff," said the older dentist encouragingly, "And I tell you what - I'll hand you a few 1926 magazines for your waiting room."

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Fig 1

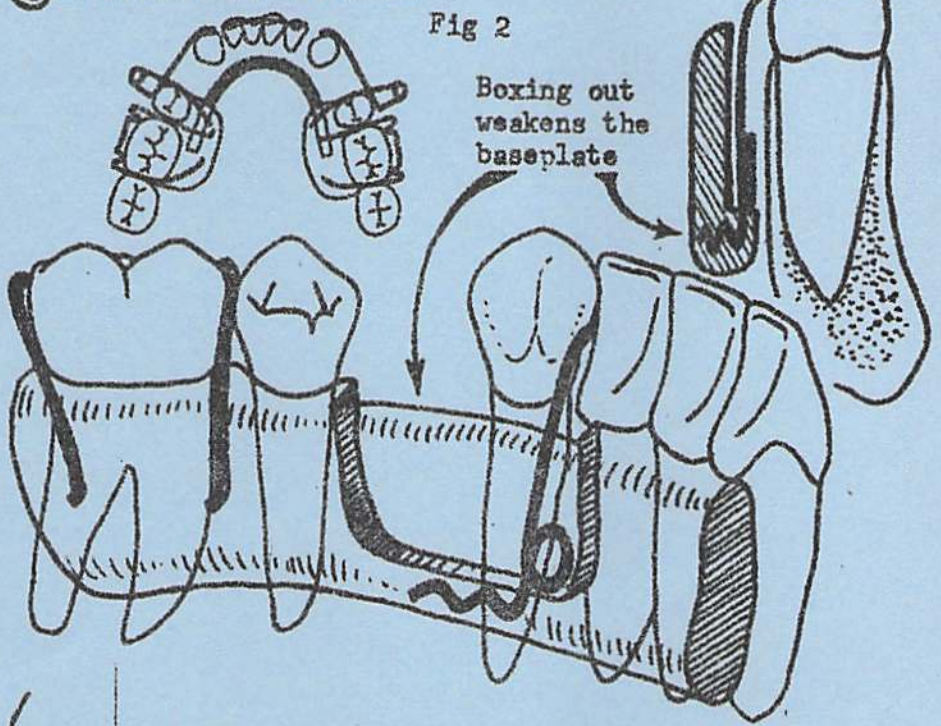


Fig 2

Boxing out weakens the baseplate

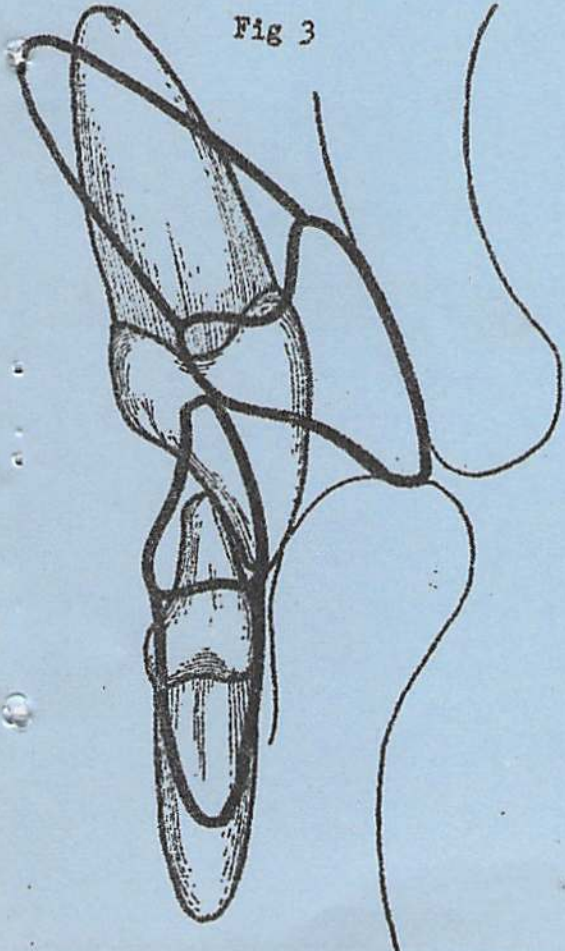


Fig 3

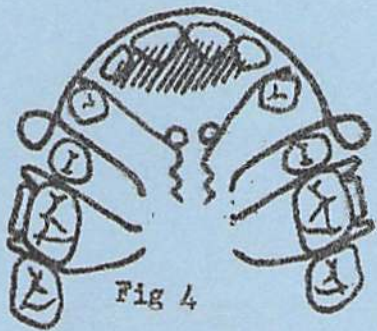


Fig 4

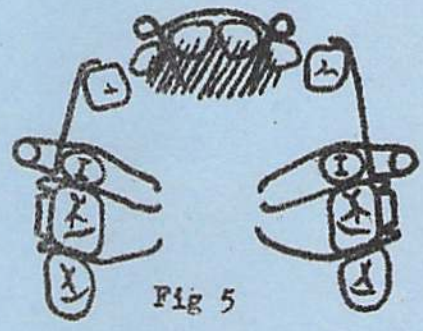


Fig 5

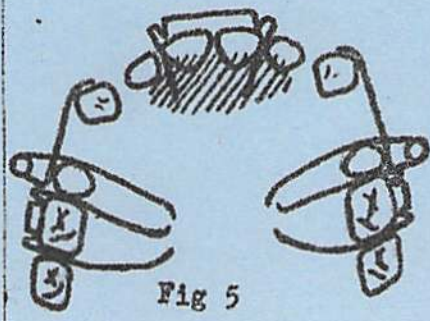


Fig 5

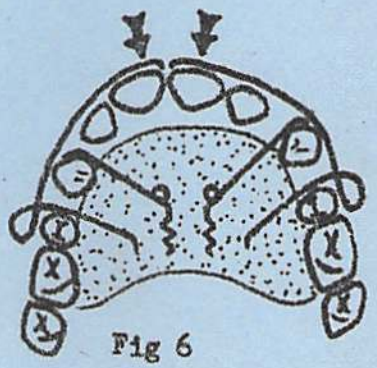


Fig 6

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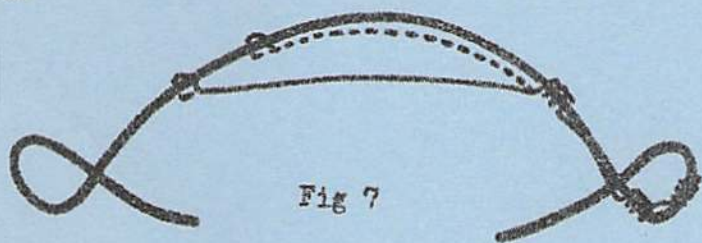


Fig 7

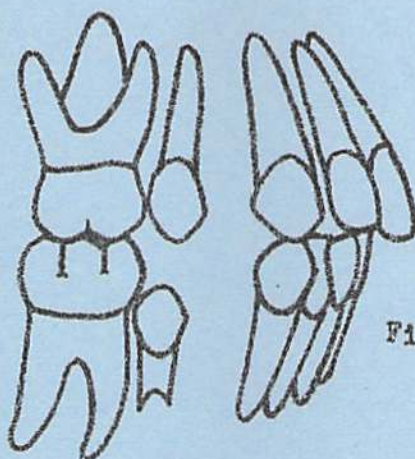


Fig 9

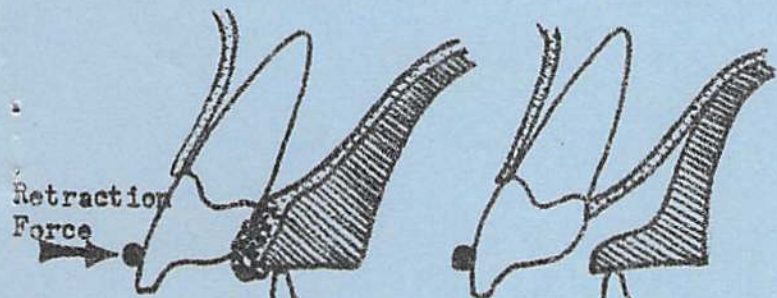


Fig 8

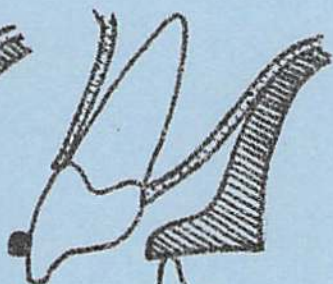


Fig 8

Traumatizes
 hyperplastic
 gingiva

Occlusion



Fig 9

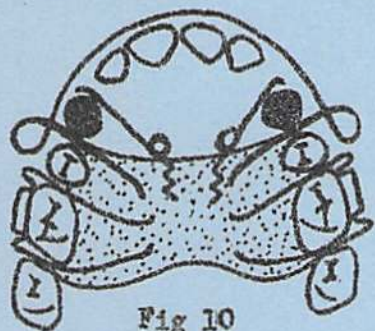


Fig 10

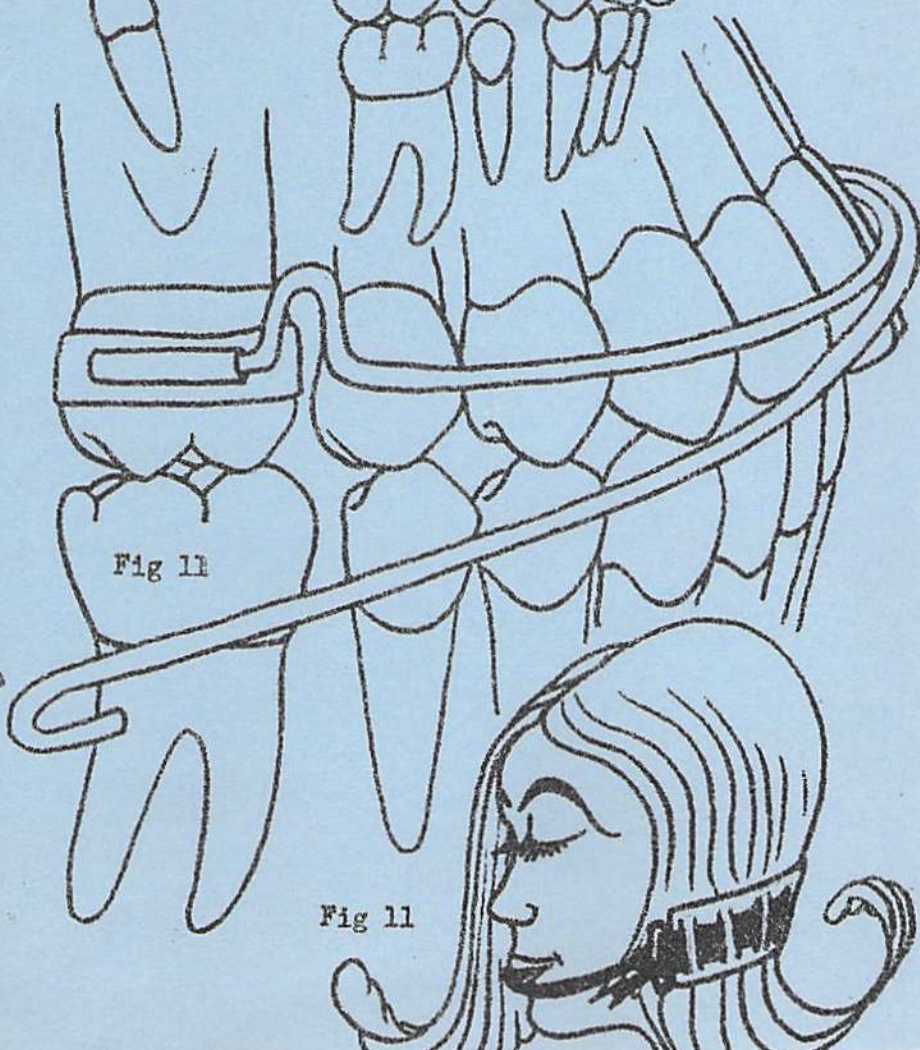


Fig 11

Fig 11

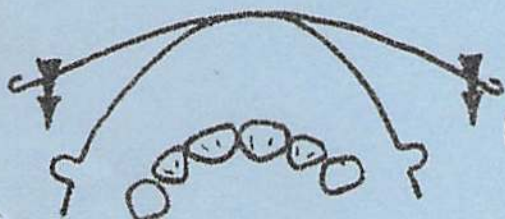


Fig 12

